

THE 4TH CUP & LAMB OF GOD



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Question 1: Can you give an accurate definition of the phrase, "Lamb of God?"

Question 2: Why would the Catholic Church offer the Holy Eucharist at every Mass throughout the world in over 3000 languages?

The Catechism of the Catholic Church states, "The Eucharist is 'the source and summit of the Christian life.'" (CC 1324)

Source: New American Bible – Imprimatur www.usccb.org/nab/bible/

God Speaks to Moses

Exodus 3:13-14 ¹³ "But," said Moses to God, "when I go to the Israelites and say to them, 'The God of your fathers has sent me to you,' if they ask me, 'What is his name?' what am I to tell them?" ¹⁴ God replied, "I am who am." Then he added, "This is what you shall tell the Israelites: I AM sent me to you."

Passover Ritual Prescribed

Exodus 12:5-8 ⁵ The lamb must be a year-old male and without blemish. You may take it from either the sheep or the goats. ⁶ You shall keep it until the fourteenth day of this month, and then, with the whole assembly of Israel present, it shall be slaughtered during the evening twilight. ⁷ They shall take some of its blood and apply it to the two doorposts and the lintel of every house in which they partake of the lamb. ⁸ That same night they shall eat its roasted flesh with unleavened bread and bitter herbs.

Exodus 12:10 ¹⁰ None of it must be kept beyond the next morning; whatever is left over in the morning shall be burned up.

Exodus 12:14-15 ¹⁴ "This day shall be a memorial feast for you, which all your generations shall celebrate with pilgrimage to the LORD, as a perpetual institution. ¹⁵ For seven days you must eat unleavened bread. From the very first day you shall have your houses clear of all leaven. Whoever eats leavened bread from the first day to the seventh shall be cut off from Israel.

Exodus 12:17 ¹⁷ Keep, then, this custom of the unleavened bread. Since it was on this very day that I brought your ranks out of the land of Egypt, you must celebrate this day throughout your generations as a perpetual institution.

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Exodus 12:22-24 ²² Then take a bunch of hyssop, and dipping it in the blood that is in the basin, sprinkle the lintel and the two doorposts with this blood. But none of you shall go outdoors until morning. ²³ For the LORD will go by, striking down the Egyptians. Seeing the blood on the lintel and the two doorposts, the LORD will pass over that door and not let the destroyer come into your houses to strike you down. ²⁴ "You shall observe this as a perpetual ordinance for yourselves and your descendants."

Exodus 12:46 ⁴⁶ It must be eaten in one and the same house; you may not take any of its flesh outside the house. You shall not break any of its bones.

Exodus 12:37 *Departure from Egypt.* ³⁷ The Israelites set out from Rameses for Succoth, about six hundred thousand men on foot, not counting the children.

Manna

Exodus 16:4-5 ⁴ Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. ⁵ On the sixth day, however, when they prepare what they bring in, let it be twice as much as they gather on the other days."

Exodus 16:19 ¹⁹ Moses also told them, "Let no one keep any of it over until tomorrow morning."

Exodus 16:31 ³¹ The Israelites called this food manna. It was like coriander seed, but white, and it tasted like wafers made with honey.

Exodus 16:35 ³⁵ The Israelites ate this manna for forty years, until they came to settled land; they ate manna until they reached the borders of Canaan.

Vestments

Exodus 28:4-5 ⁴ These are the vestments they shall make: a breastpiece, an ephod, a robe, a brocaded tunic, a miter and a sash. In making these sacred vestments which your brother Aaron and his sons are to wear in serving as my priests, ⁵ they shall use gold, violet, purple and scarlet yarn and fine linen.

Exodus 28:39,43 ³⁹ "The tunic of fine linen shall be brocaded. The miter shall be made of fine linen. ⁴³ Aaron and his sons shall wear them whenever they go into the meeting tent or approach the altar to minister in the sanctuary, lest they incur guilt and die. This shall be a perpetual ordinance for him and for his descendants.

Jewish Passover Meal

The Feast of the Passover is instituted and practiced for nearly 1300 years (Exodus 12:14-15). During the Jewish Passover Meal (Seder Meal), there is an obligation to drink four cups of wine. Each cup is connected to a different part of the Seder and represents the four expressions of deliverance promised by God:

Exodus 6:6-7 ⁶ Therefore, say to the Israelites: I am the LORD. I will **free** you from the forced labor of the Egyptians and will **deliver** you from their slavery. I will **rescue** you by my outstretched arm and with mighty acts of judgment. ⁷ I will **take** you as my own people, and you shall have me as your God. You will know that I, the LORD, am your God when I free you from the labor of the Egyptians.

The Passover Meal:

1. Festival Blessing - Drink from 1st cup of wine
2. Passover Narrative and Little Hallel (Psalm 113) - Drink from 2nd cup of wine
3. Main Meal: Eat the roasted lamb, unleavened bread, and the bitter herbs and spices - Drink from the 3rd cup of wine (Cup of Blessing)
4. The Passover is completed with the singing of the Great Hallel (PSALMS 114-118), the drinking of the 4th cup of wine, and closed when the presiding priest or host says the phrase, "TEL TELESTI" which is interpreted as "IT IS FINISHED" or "IT IS CONSUMATED".

Prophecy of the New Covenant

Jeremiah 31:31-33 ³¹ The days are coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. ³² It will not be like the covenant I made with their fathers the day I took them by the hand to lead them forth from the land of Egypt; for they broke my covenant and I had to show myself their master, says the LORD. ³³ But this is the covenant which I will make with the house of Israel after those days, says the LORD. I will place my law within them, and write it upon their hearts; I will be their God, and they shall be my people.

Feeding of 5000

Matthew 14:17-20 ¹⁷ But they said to him, "Five loaves and two fish are all we have here." ¹⁸ Then he said, "Bring them here to me," ¹⁹ and he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, and looking up to heaven, he said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. ²⁰ They all ate and were satisfied, and they picked up the fragments left over --twelve wicker baskets full.

Mark 6:41-43 ⁴¹ Then, taking the five loaves and the two fish and looking up to heaven, he said the blessing, broke the loaves, and gave them to (his) disciples to set before the people; he also divided the two fish among them all. ⁴² They all ate and were satisfied. ⁴³ And they picked up twelve wicker baskets full of fragments and what was left of the fish.

Luke 9:16-17 *The Return of the Twelve and the Feeding of the Five Thousand.* ¹⁶ Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. ¹⁷ They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets.

John 6:4,11-12 *Multiplication of the Loaves* ⁴ The Jewish feast of Passover was near. ¹¹ Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. ¹² When they had had their fill, he said to his disciples, "Gather the fragments left over, so that nothing will be wasted."

Feeding of 4000

Matthew 15:34-37 *Feeding of the Four Thousand* ³⁴ Jesus said to them, "How many loaves do you have?" "Seven," they replied, "and a few fish." ³⁵ He ordered the crowd to sit down on the ground. ³⁶ Then he took the seven loaves and the fish, gave thanks, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds. ³⁷ They all ate and were satisfied. They picked up the fragments left over--seven baskets full.

Mark 8:6-8 ⁶ He ordered the crowd to sit down on the ground. Then, taking the seven loaves he gave thanks, broke them, and gave them to his disciples to distribute, and they distributed them to the crowd. ⁷ They also had a few fish. He said the blessing over them and ordered them distributed also. ⁸ They ate and were satisfied. They picked up the fragments left over--seven baskets.

Bread of Life Discourse

John 6:26-27 ²⁶ Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. ²⁷ Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal."

John 6:30-31 ³⁰ So they said to him, "What sign can you do, that we may see and believe in you? What can you do? ³¹ Our ancestors ate manna in the desert, as it is written: 'He gave them bread from heaven to eat.'"

John 6:32-35 ³² So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. ³³ For the bread of God is that which comes down from heaven and gives life to the world." ³⁴ So they said to him, "Sir, give us this bread always." ³⁵ Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.

John 6:41-42 ⁴¹ The Jews murmured about him because he said, "I am the bread that came down from heaven," ⁴² and they said, "Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?"

John 6:47-51 ⁴⁷ Amen, amen, I say to you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the desert, but they died; ⁵⁰ this is the bread that comes down from heaven so that one may eat it and not die. ⁵¹ I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

John 6:52-56 ⁵² The Jews quarreled among themselves, saying, "How can this man give us (his) flesh to eat?" ⁵³ Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. ⁵⁴ Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. ⁵⁵ For my flesh is true food, and my blood is true drink. ⁵⁶ Whoever eats my flesh and drinks my blood remains in me and I in him.

John 6:60 ⁶⁰ Then many of his disciples who were listening said, "This saying is hard; who can accept it?"

Leviticus 17:10-12 ¹⁰ And if anyone, whether of the house of Israel or of the aliens residing among them, partakes of any blood, I will set myself against that one who partakes of blood and will cut him off from among his people. ¹¹ Since the life of a living body is in its blood, I have made you put it on the altar, so that atonement may thereby be made for your own lives, because it is the blood, as the seat of life, that makes atonement. ¹² That is why I have told the Israelites: No one among you, not even a resident alien, may partake of blood.

John 6:61-64 ⁶¹ Since Jesus knew that his disciples were murmuring about this, he said to them, "Does this shock you? ⁶² What if you were to see the Son of Man ascending to where he was before? ⁶³ It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are spirit and life. ⁶⁴ But there are some of you who do not believe." Jesus knew from the beginning the ones who would not believe and the one who would betray him.

John 6:65-69 ⁶⁵ And he said, "For this reason I have told you that no one can come to me unless it is granted him by my Father." ⁶⁶ As a result of this, many (of) his disciples returned to their former way of life and no longer accompanied him. ⁶⁷ Jesus then said to the Twelve, "Do you also want to leave?" ⁶⁸ Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. ⁶⁹ We have come to believe and are convinced that you are the Holy One of God."

The Coming of Jesus' Hour

John 12:12-13 ¹² On the next day, when the great crowd that had come to the feast heard that Jesus was coming to Jerusalem, ¹³ they took palm branches and went out to meet him, and cried out: "Hosanna! Blessed is he who comes in the name of the Lord, (even) the king of Israel."

John 12:23-24 ²³ Jesus answered them, "The hour has come for the Son of Man to be glorified. ²⁴ Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit.

Preparations for Passover Meal

Luke 22:7-13 ⁷ When the day of the Feast of Unleavened Bread arrived, the day for sacrificing the Passover lamb, ⁸ he sent out Peter and John, instructing them, "Go and make preparations for us to eat the Passover." ⁹ They asked him, "Where do you want us to make the preparations?" ¹⁰ And he answered them, "When you go into the city, a man will meet you carrying a jar of water. Follow him into the house that he enters ¹¹ and say to the master of the house, 'The teacher says to you, "Where is the guest room where I may eat the Passover with my disciples?"'" ¹² He will show you a large upper room that is furnished. Make the preparations there." ¹³ Then they went off and found everything exactly as he had told them, and there they prepared the Passover.

The Lord's Supper

Matthew 26:26-30 ²⁶ While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body." ²⁷ Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, ²⁸ for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins. ²⁹ I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father." ³⁰ Then, after singing a hymn, they went out to the Mount of Olives.

Mark 14:22-26 ²² While they were eating, he took bread, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body." ²³ Then he took a cup, gave thanks, and gave it to them, and they all drank from it. ²⁴ He said to them, "This is my blood of the covenant, which will be shed for many." ²⁵ Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." ²⁶ Then, after singing a hymn, they went out to the Mount of Olives.

Luke 22:17-20 ¹⁷ Then he took a cup, gave thanks, and said, "Take this and share it among yourselves; ¹⁸ for I tell you (that) from this time on I shall not drink of the fruit of the vine until the kingdom of God comes." ¹⁹ Then he took the bread, said the blessing, broke it, and gave it to them, saying, "This is my body, which will be given for you; do this in memory of me." ²⁰ And likewise the cup after they had eaten, saying, "This cup is the new covenant in my blood, which will be shed for you."

Garden of Gethsemane

Matthew 26:36-39 ³⁶ Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray." ³⁷ He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. ³⁸ Then he said to them, "My soul is sorrowful even to death. Remain here and keep watch with me." ³⁹ He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will."

Matthew 26:42-44 ⁴² Withdrawing a second time, he prayed again, "My Father, if it is not possible that this cup pass without my drinking it, your will be done!" ⁴³ Then he returned once more and found them asleep, for they could not keep their eyes open. ⁴⁴ He left them and withdrew again and prayed a third time, saying the same thing again.

Mark 14:32,36-39 ³² Then they came to a place named Gethsemane, and he said to his disciples, "Sit here while I pray." ³⁶ he said, "Abba, Father, all things are possible to you. Take this cup away from me, but not what I will but what you will." ³⁷ When he returned he found them asleep. He said to Peter, "Simon, are you asleep? Could you not keep watch for one hour?" ³⁸ Watch and pray that you may not undergo the test. The spirit is willing but the flesh is weak." ³⁹ Withdrawing again, he prayed, saying the same thing.

Luke 22:41-44 ⁴¹ After withdrawing about a stone's throw from them and kneeling, he prayed, ⁴² saying, "Father, if you are willing, take this cup away from me; still, not my will but yours be done." ⁴³ (And to strengthen him an angel from heaven appeared to him. ⁴⁴ He was in such agony and he prayed so fervently that his sweat became like drops of blood falling on the ground.)

Jesus is Arrested

John 18:3-11 ³ So Judas got a band of soldiers and guards from the chief priests and the Pharisees and went there with lanterns, torches, and weapons. ⁴ Jesus, knowing everything that was going to happen to him, went out and said to them, "Whom are you looking for?" ⁵ They answered him, "Jesus the Nazorean". He said to them, "I AM." Judas his betrayer was also with them. ⁶ When he said to them, "I AM," they turned away and fell to the ground. ⁷ So he again asked them, "Whom are you looking for?" They said, "Jesus the Nazorean." ⁸ Jesus answered, "I told you that I AM. So if you are looking for me, let these men go". ⁹ This was to fulfill what he had said, "I have not lost any of those you gave me." ¹⁰ Then Simon Peter, who had a sword, drew it, struck the high priest's slave, and cut off his right ear. The slave's name was Malchus. ¹¹ Jesus said to Peter, "Put your sword into its scabbard. Shall I not drink the cup that the Father gave me?"

Jesus is Condemned to Death

John 19:14 ¹⁴ It was preparation day for Passover, and it was about noon. And he said to the Jews, "Behold, your king!"

Luke 23:4 ⁴ Pilate then addressed the chief priests and the crowds, "I find this man not guilty."

Luke 23:14-15 ¹⁴ and said to them, "You brought this man to me and accused him of inciting the people to revolt. I have conducted my investigation in your presence and have not found this man guilty of the charges you have brought against him, ¹⁵ nor did Herod, for he sent him back to us. So no capital crime has been committed by him.

Luke 23:22 ²² Pilate addressed them a third time, "What evil has this man done? I found him guilty of no capital crime. Therefore I shall have him flogged and then release him."

Luke 23:47 ⁴⁷ The centurion who witnessed what had happened glorified God and said, "This man was innocent beyond doubt."

Matthew 27:3-4 ³ Then Judas, his betrayer, seeing that Jesus had been condemned, deeply regretted what he had done. He returned the thirty pieces of silver to the chief priests and elders, ⁴ saying, "I have sinned in betraying innocent blood." They said, "What is that to us? Look to it yourself."

Jesus Refuses Wine

Mark 15:22-24 ²² They brought him to the place of Golgotha (which is translated Place of the Skull). ²³ They gave him wine drugged with myrrh, but he did not take it. ²⁴ Then they crucified him and divided his garments by casting lots for them to see what each should take.

The Crucifixion

John 19:23-24 ²³ When the soldiers had crucified Jesus, they took his clothes and divided them into four shares, a share for each soldier. They also took his tunic, but the tunic was seamless, woven in one piece from the top down. ²⁴ So they said to one another, "Let's not tear it, but cast lots for it to see whose it will be," in order that the passage of scripture might be fulfilled (that says): "They divided my garments among them, and for my vesture they cast lots."

John 19:28-30 ²⁸ After this, aware that everything was now finished, in order that the scripture might be fulfilled, Jesus said, "I thirst." ²⁹ There was a vessel filled with common wine. So they put a sponge soaked in wine on a sprig of hyssop and put it up to his mouth. ³⁰ When Jesus had taken the wine, he said, "It is finished." And bowing his head, he handed over the spirit.

John 19:32-36 ³² So the soldiers came and broke the legs of the first and then of the other one who was crucified with Jesus. ³³ But when they came to Jesus and saw that he was already dead, they did not break his legs, ³⁴ but one soldier thrust his lance into his side, and immediately blood and water flowed out. ³⁵ An eyewitness has testified, and his testimony is true; he knows that he is speaking the truth, so that you also may (come to) believe. ³⁶ For this happened so that the scripture passage might be fulfilled: "Not a bone of it will be broken."

Jesus Dies on the Cross

Luke 23:44 ⁴⁴ It was now about noon and darkness came over the whole land until three in the afternoon

Mark 15:34 *The Death of Jesus.* ³⁴ And at three o'clock Jesus cried out in a loud voice, "Eloi, Eloi, lema sabachthani?" which is translated, "My God, my God, why have you forsaken me?"

John the Baptist Identifies Jesus

John 1:29 ²⁹ The next day he saw Jesus coming toward him and said, "Behold, the Lamb of God, who takes away the sin of the world."

John 1:35-36 ³⁵ The next day John was there again with two of his disciples, ³⁶ and as he watched Jesus walk by, he said, "Behold, the Lamb of God."

1 Peter 1:17-19 ¹⁷ Now if you invoke as Father him who judges impartially according to each one's works, conduct yourselves with reverence during the time of your sojourning, ¹⁸ realizing that you were ransomed from your futile conduct, handed on by your ancestors, not with perishable things like silver or gold ¹⁹ but with the precious blood of Christ as of a spotless unblemished lamb.

Isaiah 53:6-7 ⁶ We had all gone astray like sheep, each following his own way; But the LORD laid upon him the guilt of us all. ⁷ Though he was harshly treated, he submitted and opened not his mouth; Like a lamb led to the slaughter or a sheep before the shearers, he was silent and opened not his mouth.

Isaiah 53:12 ¹² Therefore I will give him his portion among the great, and he shall divide the spoils with the mighty, Because he surrendered himself to death and was counted among the wicked; And he shall take away the sins of many, and win pardon for their offenses.

Jesus Cries Out on the Cross

Matthew 27:46 ⁴⁶ And about three o'clock Jesus cried out in a loud voice, "Eli, Eli, lema sabachthani?" which means, "My God, my God, why have you forsaken me?"

Mark 15:34 ³⁴ And at three o'clock Jesus cried out in a loud voice, "Eloi, Eloi, lema sabachthani?" which is translated, "My God, my God, why have you forsaken me?"

Psalms 22

Psalms 22:1-3 *The Prayer for an Innocent Person* ¹ ...A psalm of David. ² My God, my God, why have you abandoned me? Why so far from my call for help, from my cries of anguish? ³ My God, I call by day, but you do not answer; by night, but I have no relief.

Psalms 22:16-19 ¹⁶ As dry as a potsherd is my throat; my tongue sticks to my palate; you lay me in the dust of death. ¹⁷ Many dogs surround me; a pack of evildoers closes in on me. So wasted are my hands and feet ¹⁸ that I can count all my bones. They stare at me and gloat; ¹⁹ they divide my garments among them; for my clothing they cast lots.

Psalms 31:6 ⁶ Into your hands I commend my spirit; you will redeem me, LORD, faithful God.

Tombs Were Opened

Matthew 27:51-53 ⁵¹ And behold, the veil of the sanctuary was torn in two from top to bottom. The earth quaked, rocks were split, ⁵² tombs were opened, and the bodies of many saints who had fallen asleep were raised. ⁵³ And coming forth from their tombs after his resurrection, they entered the holy city and appeared to many.



Road to Emmaus

Luke 24:27 ²⁷ Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the scriptures.

Luke 24:30-32 ³⁰ And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. ³¹ With that their eyes were opened and they recognized him, but he vanished from their sight. ³² Then they said to each other, "Were not our hearts burning (within us) while he spoke to us on the way and opened the scriptures to us?"

Luke 24:35 ³⁵ Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread.

Exodus 12:14-15 ¹⁴ "This day shall be a memorial feast for you, which all your generations shall celebrate with pilgrimage to the LORD, as a perpetual institution. ¹⁵ For seven days you must eat unleavened bread. From the very first day you shall have your houses clear of all leaven. Whoever eats leavened bread from the first day to the seventh shall be cut off from Israel.

Early Church

Acts 2:42-47 *Communal Life.* ⁴² They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. ⁴³ Awe came upon everyone, and many wonders and signs were done through the apostles. ⁴⁴ All who believed were together and had all things in common; ⁴⁵ they would sell their property and possessions and divide them among all according to each one's need. ⁴⁶ Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, ⁴⁷ praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved.

1 Corinthians 10:16 ¹⁶ The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?

1 Corinthians 5:7-8 ⁷ Clear out the old yeast, so that you may become a fresh batch of dough, inasmuch as you are unleavened. For our paschal lamb, Christ, has been sacrificed. ⁸ Therefore let us celebrate the feast, not with the old yeast, the yeast of malice and wickedness, but with the unleavened bread of sincerity and truth.



Tradition of the Institution

1 Corinthians 11:23-29 ²³ For I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, ²⁴ and, after he had given thanks, broke it and said, "This is my body that is for you. Do this in remembrance of me." ²⁵ In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. ²⁷ Therefore whoever eats the bread or drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord. ²⁸ A person should examine himself, and so eat the bread and drink the cup. ²⁹ For anyone who eats and drinks without discerning the body, eats and drinks judgment on himself.

Old and New Covenants

Exodus 24:5-8 ⁵ Then, having sent certain young men of the Israelites to offer holocausts and sacrifice young bulls as peace offerings to the LORD, ⁶ Moses took half of the blood and put it in large bowls; the other half he splashed on the altar. ⁷ Taking the book of the covenant, he read it aloud to the people, who answered, "All that the LORD has said, we will heed and do." ⁸ Then he took the blood and sprinkled it on the people, saying, "This is the blood of the covenant which the LORD has made with you in accordance with all these words of his."

Hebrews 8:7-10, 13 ⁷ For if that first covenant had been faultless, no place would have been sought for a second one. ⁸ But he finds fault with them and says: "Behold, the days are coming, says the Lord, when I will conclude a new covenant with the house of Israel and the house of Judah. ⁹ It will not be like the covenant I made with their fathers the day I took them by the hand to lead them forth from the land of Egypt; for they did not stand by my covenant and I ignored them, says the Lord. ¹⁰ But this is the covenant I will establish with the house of Israel after those days, says the Lord: I will put my laws in their minds and I will write them upon their hearts. I will be their God, and they shall be my people. ¹³ When he speaks of a "new" covenant, he declares the first one obsolete. And what has become obsolete and has grown old is close to disappearing.

Hebrews 9 *The Worship of the First Covenant.* (Continued Reading)

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Quick Reference Guide

Old Covenant

New Covenant

Manna rains down from heaven	Jesus, the "Bread of Life," has come down from heaven
Old manna is a mystery and it feeds and nourishes God's chosen people until they enter the Promise Land	New manna, the Bread of Life, is a mystery and it spiritually feeds and nourishes our souls until we enter the Promise Land
Manna falls daily as in, "Give us this day our daily bread." The manna is a prefiguration of the Eucharist.	Jesus is the "Bread of Life," which is given daily in the Catholic Mass all over the world in over 3000 languages
The Pascal lamb is sacrificed at Passover	Jesus offers himself at Passover
The Passover lamb must be male, unblemished, and have no broken bones	Jesus, the Lamb of God, is male, unblemished with no broken bones
Passover lamb is slain at twilight. (3:00 pm)	Jesus, the Lamb of God, dies at 3:00 pm
Lamb's blood is applied to the lenti and doorpost with Hyssop branch	Jesus receives the 4 th cup on the cross with the hyssop branch
Priestly vestments are required to be worn by the high priest when sacrificing animals during the Passover meal	Jesus is the High Priest and the sacrificial Lamb of God at Calvary; he is wearing priestly vestments and offers himself as the perfect sacrifice of the new covenant
In Leviticus, we learn that the "life is in the blood" and God requires the blood to be put upon the altar for the atonement of sins	Jesus says, this cup is the "new covenant" in my blood, which will be shed for you. Do this in memory of me.
Jews do not accept Jesus as Messiah. They continue (even today) to practice the old covenant Passover meal also called the "Feast of Unleavened Bread"	Early Christians follow Jesus and participate in the New Covenant of the Eucharist.
The Passover	The Mass

The Catechism of the Catholic Church states, "The Eucharist is 'the source and summit of the Christian life.'" (CC 1324)

The feeding of the 5,000 and 4,000 are prefigurations of the Eucharist. Jesus handles the bread in the same manner as he does in the Upper Room while instituting the Eucharist. He took, blessed, broke, and gave. Jesus then appears to disciples in Emmaus. They recognize him by the manner in which he handles the bread. He took, blessed, broke, and gave. He leaves the disciples with the first Eucharist. Source: The Catechism of the Catholic Church.

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The Catholic Church is the only Christian institution that teaches, practices, and follows this covenant of the Eucharist as was established by the Jesus and guided by the Holy Spirit to the early Church Fathers.